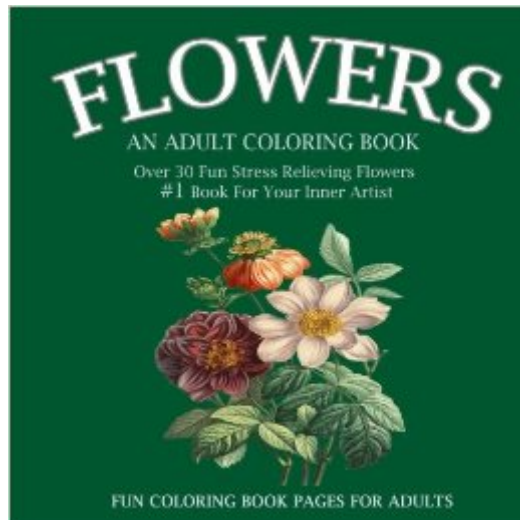


The book was found

Flowers: An Adult Coloring Book: Over 30 Fun Stress Relieving Flowers #1 Book For Your Inner Artist



Synopsis

Flowers: An Adult Coloring Book #1 book for your inner artist. An Adult Coloring Book featuring A new collection of over 30 Stress Relieving Flowers. This book is for all levels with shape patterns ranging from minimal to very detailed. The paper is perfect for fine tip pens, colored pencils and markers. The completed adult coloring pages are an excellent Gift to give to friends, family and other loved ones for holidays and special occasions. Join the millions of Adults who are using coloring books to conquer stress while at the same time relaxing and creating beautiful artwork. The paper is perfect for fine tip pens, colored pencils and markers. The completed adult coloring book pages are an excellent Gift to give to friends, family and other loved ones for holidays and special occasions. The Benefits of Coloring for Adults Coloring is the perfect way to relax after a tough day and great for enhancing your creativity. For many, coloring a beautiful image can be a form of meditation. It allows you to enter the flow state in which you are in the moment, actively focusing on what you are doing and blocking out all distractions around you. Stressful thoughts and future worries can be simply pushed aside as you take time to enjoy the present moment. We live in an incredibly busy world. Our pace of living is often full speed and our minds are continually jumping from one thing to the next. It is very beneficial to disconnect and give yourself a break. Your mind needs time to sort out all the information it receives and your body needs time to simply unwind. Coloring can provide that calming break. Coloring is such a simple relaxing leisure activity and best of all you get to create beautiful artwork too! Here are some other benefits of the art of coloring: Color on your own or with friends and family. Coloring can improve performance at work through enhanced focus. You can display your finished artwork in the Home or Office. You can give your finished artwork away to friends and family for special occasions. Coloring strengthens the creative side of your brain. Coloring helps to build fine motor skills. Coloring is an amazing form of self expression. Grab your supplies, find a quiet space and enjoy this peaceful activity! File under: Books > Arts & Photography > Graphic Design > Techniques > Use of Ornament Books > Arts & Photography > Drawing > Pen & Ink Books > Arts & Photography > Other Media > Mixed Media

Book Information

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Average Customer Review: 3.9 out of 5 stars Â Â See all reviews Â (7 customer reviews)

Best Sellers Rank: #91,745 in Books (See Top 100 in Books) #42 in Â Books > Science & Math > Biological Sciences > Plants > Flowers #78 in Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Flowers & Landscapes #1743 in Â Books > Science & Math > Nature & Ecology

Customer Reviews

It would be helpful if there were pictures of the illustrations inside the coloring book(s). I've bought too many sight unseen and been disappointed. I think most colorists would appreciate it and you would probably sell more books. Thank you

Too much dark shading already added to pictures makes it impossible to do your own shading and color variations

It was a gift and she loved it

nice pictures to learn how to blend with!

Flowers were already shaded. Did not like this form of flower book.

excellant

excellent

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Flowers: An Adult Coloring Book: Over 30 Fun Stress Relieving Flowers #1 Book For Your Inner Artist Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups, Anti-Stress Art Therapy, Stress Relieving Flower Patterns Coloring Book for Adults & Grown Ups: An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Shapes: An Adult Coloring Book: Over 40 Fun Stress Relief Shapes and Geometric Patterns for Your Inner Artist Dragons Adult Coloring Book (31 stress-relieving designs) (Studio Series: Artist's Coloring Book) Creative Oceans Coloring Book:

Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) Adult Coloring Books: Animals: 45 Stress Relieving Animal Coloring Designs (Stress Relief Coloring Books) (Volume 2) The Craft of Coloring: 35 Mandala Designs: An Adult Coloring Book (Relaxing And Stress Relieving Adult Coloring Books) The Craft of Coloring: 60 Geometric Patterns & Designs: An Adult Coloring Book (Relaxing And Stress Relieving Adult Coloring Books) Adult Coloring Book: Butterflies and Flowers : Stress Relieving Patterns (Volume 7) Birds Coloring Book For Adults (The Stress Relieving Adult Coloring Pages) Dog Lover: Adult Coloring Book: Best Coloring Gifts for Mom, Dad, Friend, Women, Men and Adults Everywhere: Beautiful Dogs Stress Relieving Patterns Adult Coloring Book: Stress Relieving Art Deco Christmas Designs Adult Coloring Book (31 stress-relieving designs) (Studio) Adult Coloring Book: Stress Relieving Patterns Adult Coloring Book: Stress Relieving Cats Spirit of Halloween: A Stress Relieving Adult Coloring Book Color Zen Adult Coloring Book: Stress Relieving Flower Patterns Adult Coloring Book: Stress Relieving Patterns (Volume 5) Squiddoodle's Book of Fancy Letters: A Stress Relieving Alphabetical Coloring Book for Adults and Children

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